



*We must be able to erase a well-worn way of thinking to see something new or different in God's word.*

## Matthew 5

**43** "You have heard that it was said, 'You shall love your neighbor and hate your enemy.' **44** But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you,

# **Sobriety And Drinking**

A Q and A Lesson

# Sobriety And Drinking

- For the purpose of tonight's lesson, we will focus on sobriety in the context of drinking alcohol.
- There will be much more to say about this subject at a later time, Lord willing.
- I'd love to discuss this subject with you if you have any input or questions after services.
- Let's remember to love another as we discuss God's word together.

# 1. Filled With The Spirit Or Drunk With Wine

Ephesians 5



## Ephesians 5 ESV

<sup>15</sup> Look carefully then how you walk, **not as unwise** but as **wise**, <sup>16</sup> **making the best use of the time**, because the days are evil. <sup>17</sup> Therefore do not be **foolish** but understand what the **will of the Lord is**.

<sup>18</sup> And **do not get drunk with wine**, for that is debauchery, but be **filled with the Spirit**,

<sup>19</sup> **addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart**, <sup>20</sup> **giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ**,

## Drunk

- Reckless Living
  - (Adv- Lk 15:13
- Polar opposite of being filled with the Spirit.
- Unwise
- Foolish

## Filled With The Spirit

- Letting the Word be in control of what we think and do. (6:17)
- We will praise and worship the Lord in song. We will overflow with thanksgiving to God. (Col 3:16)
- We will submit ourselves to other believers. We will be concerned for the needs of those around us.
- We will cultivate the fruit of the Spirit (Gal 5)

## Drunk With Wine

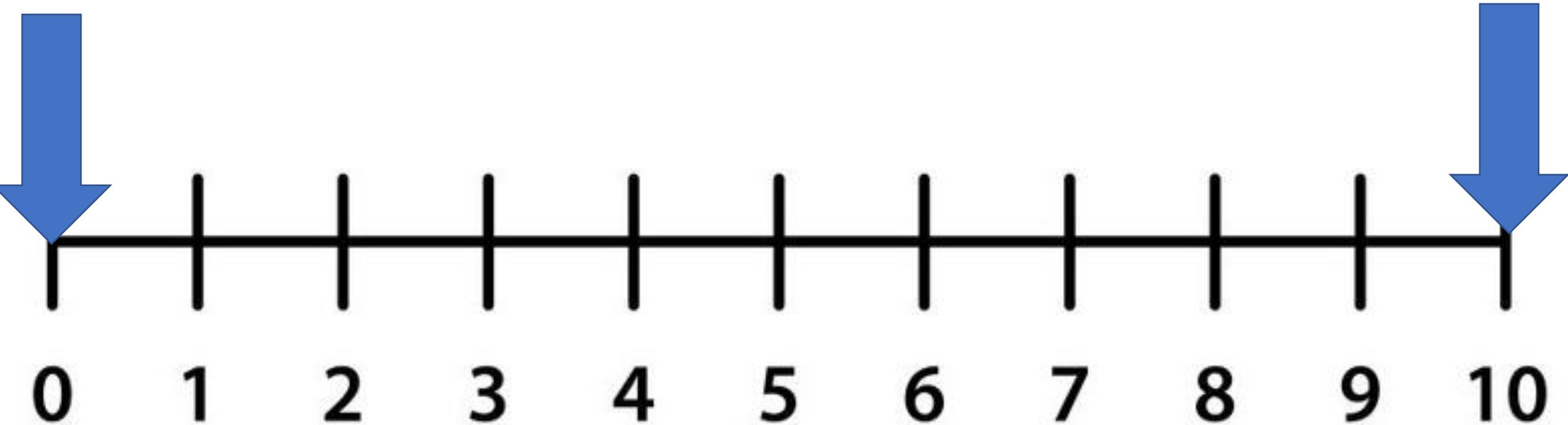
- Letting alcohol have (some) control.
- Saying things, we would not ordinarily say.
- Feeling things, we would not ordinarily feel.
- An altered mind.
- The fruits of alcohol.

**<sup>18</sup> And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, Ephesians 5:18**

How Filled With The Spirit Should We Be?

How Drunk With Wine Should We Be?

And do not get drunk with wine, for that is debauchery, **but be filled with the Spirit, Ephesians 5:18**



But It's  
Just One  
Drink...

## WHAT IS A STANDARD DRINK?



**12 fl. oz.**  
of regular beer  
(5% alcohol)



**8–9 fl. oz.**  
of malt liquor  
(7% alcohol)



**5 fl. oz.**  
of table wine  
(12% alcohol)



**1.5 fl. oz.**  
of distilled spirits  
(40% alcohol)

# Can You Drive After One Beer?

www.renegadebrewing.com



<https://renegadebrewing.com/can-you-drive-after-one-beer/>

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- With a BAC of just 0.02%, (ONE DRINK) it's typical to experience a loss in judgment and to become more relaxed. Your ability to track fast-moving objects with your eyes gets worse. And you're less able to carry out two functions at the same time.

# Can You Drive After One Beer?

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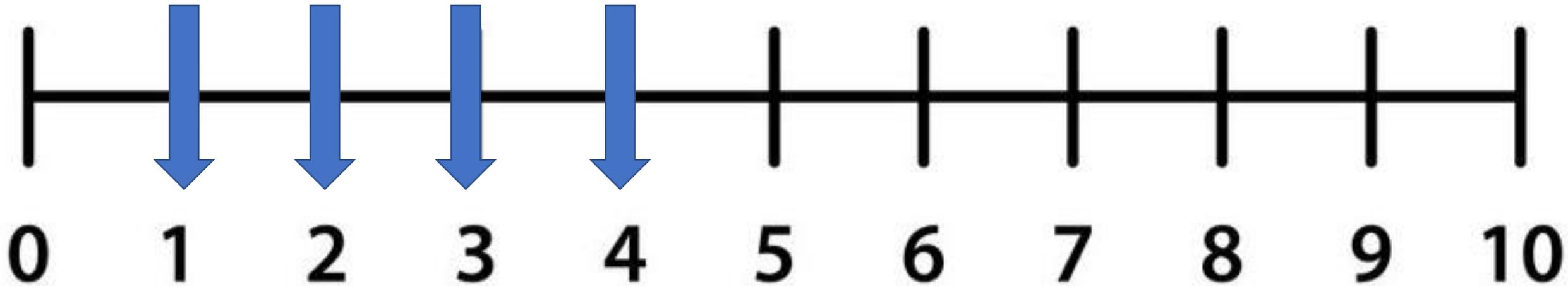
- With different levels of alcohol in different drinks, knowing how much will impair your reactions and judgment **can be difficult.**
- Drinking alcohol affects your body in all kinds of ways that in turn affect your driving. And you don't have to be falling down drunk for that to happen. **Even relatively small amounts of alcohol will have an impact.**

# Song- “Ten Rounds With Jose Cuervo” by Tracy Byrd

*“When I walked in the band just started, the singer couldn't carry a tune in a bucket. On a mission to drown her memory, but I thought no way with all this ruckus...”*



# Song- "Ten Rounds With Jose Cuervo" by Tracy Byrd



But after one round with Jose Cuervo, I caught my boots tappin' long with the beat

And after two rounds with Jose Cuervo, That band was sounding pretty...good to me,

Then after three rounds with Jose Cuervo, I let her lead me out on the floor

And after four rounds with Jose Cuervo, I was showin' off moves never seen before

Around five or round six I forgot what I came to forget

After round seven or was it eight I bought a round for the whole place!

And do not get drunk with wine, for that is debauchery,  
**but be filled with the Spirit,** **Ephesians 5:18**

<sup>10</sup> Create in me a clean heart, O God,  
and renew a right spirit within me.

<sup>11</sup> Cast me not away from your presence,  
and take not your **Holy Spirit from me.**

**Psalm 51**

# Are we willing to give up the Spirit at all?

And do not get drunk with wine, for that is debauchery,  
**but be filled with the Spirit,** **Ephesians 5:18**

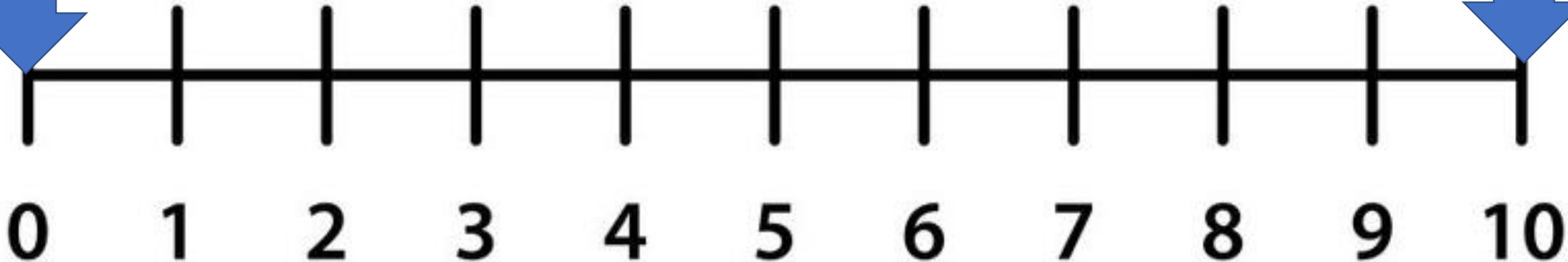
- The Spirits help in prayer- Romans 8:26
- Quenching the Spirit- 1 Thes. 5:19
- The Seal of the Holy Spirit- Ephesians 1:13
- The Spirit in our hearts as a guarantee- 2 Cor. 1:22
- Our body as a temple of the Holy Spirit- 1 Cor 6:19
- Many more...

How Filled With The Spirit Should We Be?

How Filled With Wine Should We Be?

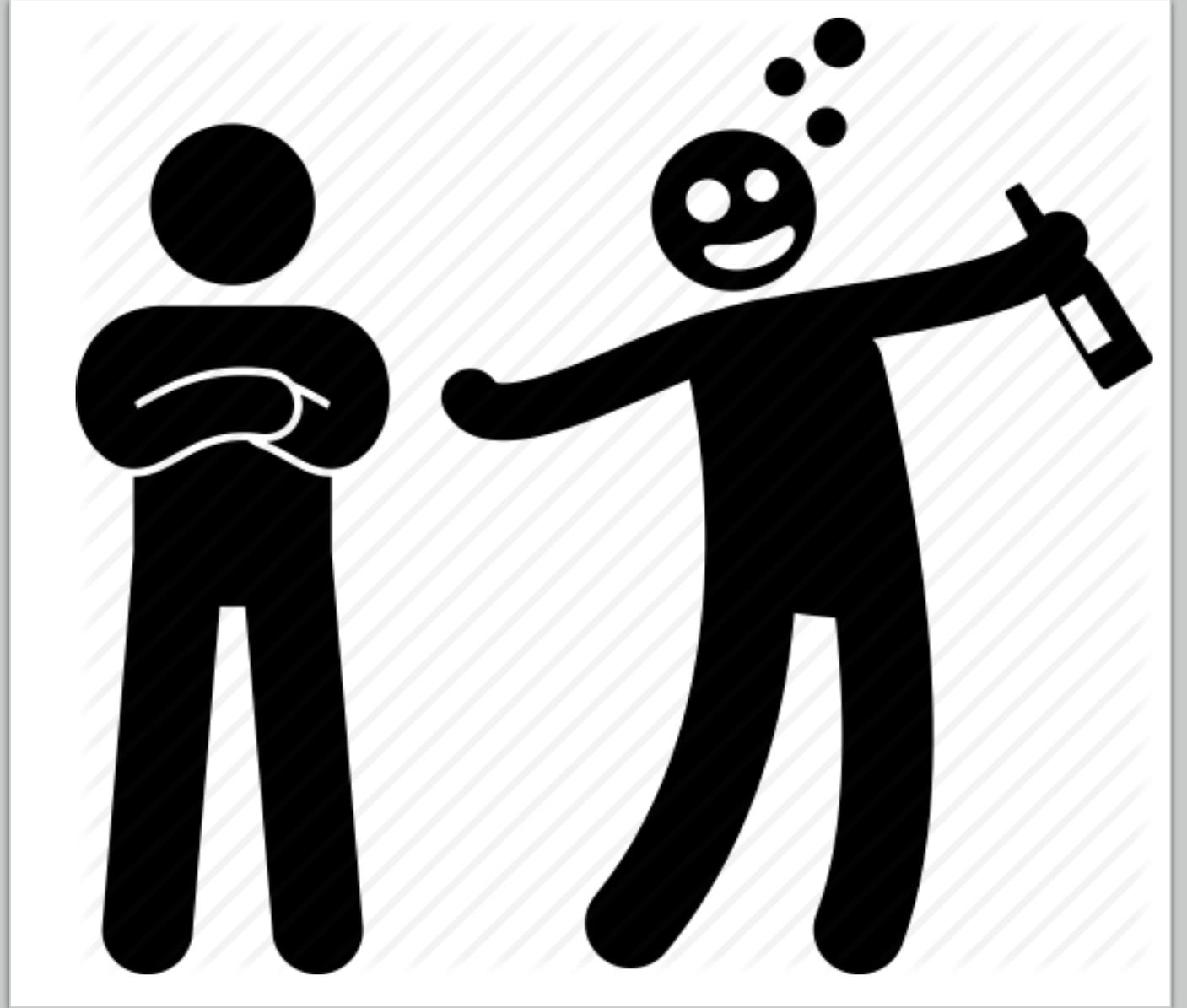
And do not get drunk with wine, for that is debauchery,  
**but be filled with the Spirit,** Ephesians 5:18

But **if the Spirit of Him who raised Jesus from the dead dwells in you**, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you  
Romans 8:11 NKJV



# 2. Sober Or Drunk

1 Thes. 5



# Being Sober Is Commanded

Be **sober**, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. 1 Peter 5:8

# Being Drunk Is Condemned

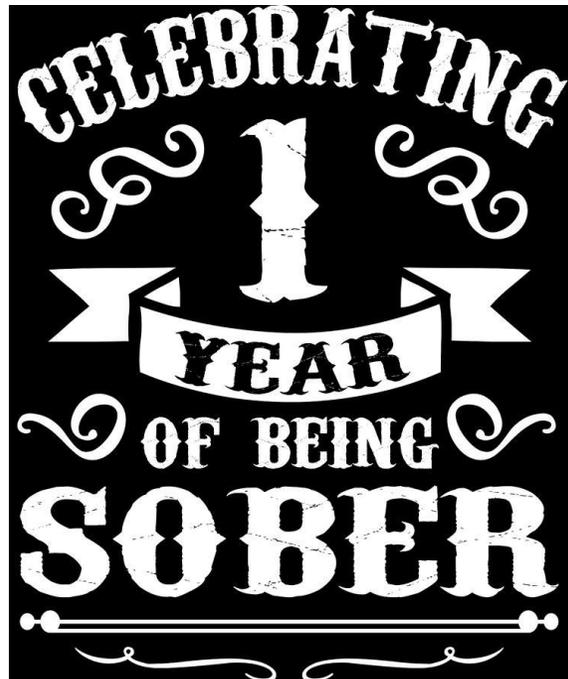
Envy, **drunkenness**, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. Gal 5:21 ESV

We must let God redefine for us  
what sober and drunk are.



# Cultural uses of the word sober

- Recovery from alcohol abuse or alcoholism.
- Not drunk.



# DEFINING SOBER- Néphó

## HELPS Word-studies

- having presence of mind (clear judgment),
- enabling someone to be temperate (self-controlled).
- To have "one's wits (faculties) about them,
- Properly, to be sober not intoxicated;

## Strong's Exhaustive Concordance

- Be discreet – to watch.
- To be sober, to abstain from wine

# Cultural uses of the word drunk

- Affected by alcohol to the extent of losing control of one's faculties or behavior.
- A person who is drunk or who habitually drinks to excess.



# DEFINING DRUNK- Methuó

## **Strong's Exhaustive Concordance**

- to drink to intoxication
- to be drunken

## **Theological Dictionary Of The New Testament (TDNTA)**

- In the literal sense this group denotes intoxication.
- To Get Drunk

# 1 Thessalonians 5 ESV

- <sup>4</sup> But you are not in **darkness**, brothers, for that day to surprise you like a thief. <sup>5</sup> For you are all children of **light**, children of the **day**. We are not of the **night** or of the **darkness**. <sup>6</sup> So then let us not **sleep**, as others do, but let us keep **awake** and **be sober**.
- <sup>7</sup> For those who **sleep**, **sleep** at night, and those who get **drunk**, are **drunk** at night.
- <sup>8</sup> But since we belong to the day, let us **be sober**, having put on the **breastplate of faith and love**, and for a helmet the **hope of salvation**.

# Sober

- Walking In The Light
- Children Of The Day
- Not Surprised At Judgment
- Awake
- Having put on the breastplate of faith and love, and for a helmet the hope of salvation.

# Drunk

- Walking In The Dark
- Children Of The Night
- Caught off guard
- Asleep
- Unarmed (or less armed)

**6 So then let us not sleep, as others do, but let us keep awake and be sober. 7 For those who sleep, sleep at night, and those who get drunk, are drunk at night. 1 Thes. 5**

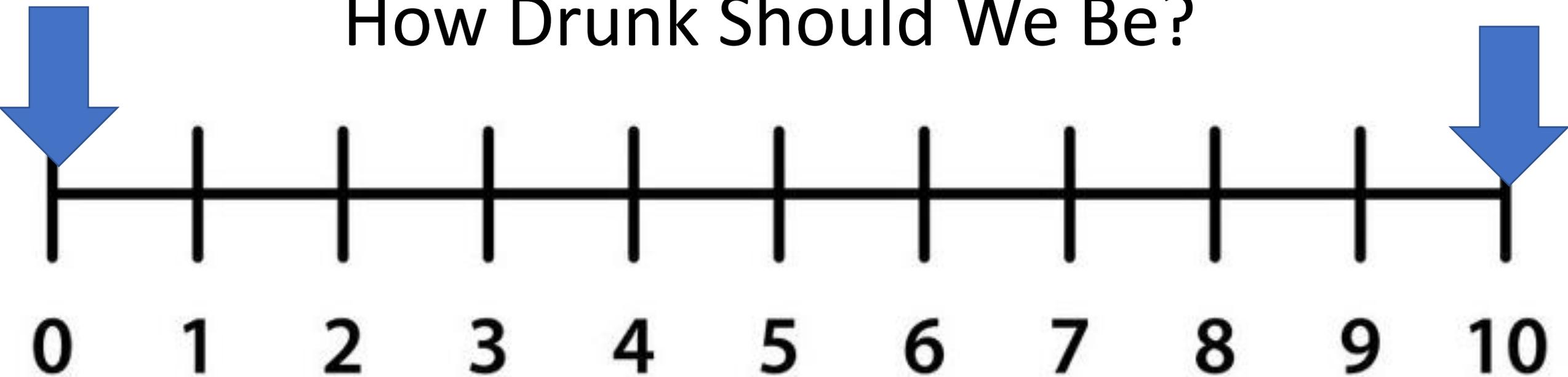
But I  
Didn't Get  
"Drunk"



# How Sober Should We Be?

6 So then let us not sleep, as others do, but let us keep awake and **be sober**. 7 For those who sleep, sleep at night, and those who get drunk, are drunk at night. 8 But since we belong to the day, let us **be sober**,

# How Drunk Should We Be?





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## 1 Peter 5 NKJV

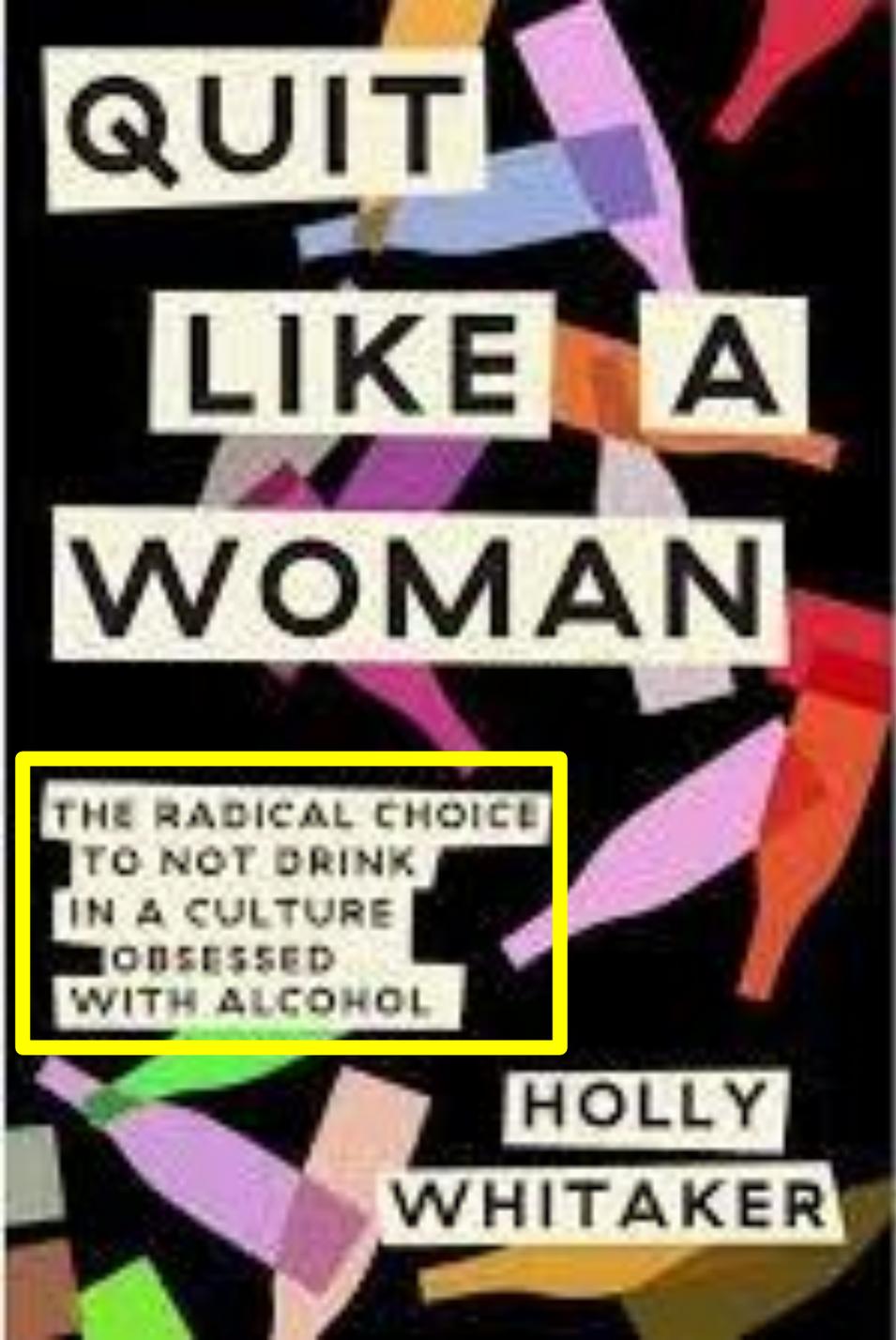
**8 Be sober,** be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

THE PERFECT BEER FOR REMOVING "NO" FROM  
YOUR VOCABULARY FOR THE NIGHT.

#UPFORWHATEVER

THE PERFECT BEER FOR WHATEVER HAPPENS

12 OZ. BEER 4-8.5%



## Titus 2

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- <sup>11</sup> For the **grace of God** that brings salvation has appeared to all men, <sup>12</sup> teaching us that, denying ungodliness and worldly lusts, we should live **soberly**, righteously, and godly in the present age, <sup>13</sup> looking for the blessed hope and glorious appearing of our great God and Savior Jesus Christ, <sup>14</sup> who gave Himself for us, that He might redeem us from every lawless deed and purify for Himself *His* own special people, zealous for good works.

